



## **September 2015**

The Sports Centre has been very quiet during July and August, we hope that many of you have been enjoying a well deserved holiday! The Function Zone refurbishment has now been completed in full with the final piece of flooring recently added. It is great to see so many members using this area and our Personal Trainers (Mike and Zoe) have been very busy with a mix of existing and new clients. We are always looking for new additions to the Function Zone, look out for new slam balls arriving soon. The lighting replacements that were overdue (apologies) in the changing areas have now been installed. We are also pleased to initiate a new lighting installation in the Swimming Pool area. Leisure staff are heading to the National Trade show on the 23rd September where the very latest additions to the fitness industry are launched. If you would like to see any additional equipment added, please let us know.

### **2nd September - Pool Closure Times**

To allow the urgent installation of 12 new LED lights in the Swimming Pool area it is necessary to close this facility on Wednesday 2nd September during the daytime Lanes session (1.00pm to 2.00pm) and the Open Swim Session (2.00pm to 3.00pm).

We are sorry to have to limit time on this one day, however we hope the new lighting we provide an enhanced swimming experience.

### **Triathlon Club**

The summer season has meant many of the regulars involved with the club have headed outdoors for swimming and cycling.

The club has already achieved its first win, with Kate Derrick successful at the Portishead triathlon in August.

Swim training will revert to the Sports Centre in October with a new early morning time of 8.00am to 9.00am.

New members are very welcome, please contact Tom Redpath via: [westonbirtriclub@gmail.com](mailto:westonbirtriclub@gmail.com)

### **Revised Pool Timetable**

At the start of a new academic year for Westonbirt pupils, the timetable requirements help define the availability of the Swimming Pool for members and guests.

Whilst we are always keen to maintain the swim times that are regularly published, September is traditionally the month when most changes occur.

This year the School have moved some of their swimming lessons to Saturdays mornings, which has led to Westonbirt Leisure revising timetables for the weekends, with extended lane swim sessions in the early afternoons.

There are a range of change's, highlights are; A new Open swim session has been added on Mondays afternoons from 1.30pm to 2.30pm The Pool will now open earlier at 6.30am on Wednesdays & Thursdays.

Fridays will have a regular earlier opening time of 4.30pm, through to 8.30pm.

On Saturdays the pool will revert to the earlier opening time of 8.00am.

### **We are Westonbirt**

Westonbirt Leisure are very proud to be part of Westonbirt School and as a part of increasing awareness about the School Westonbirt Leisure will soon become part of the Schools

We Are Westonbirt marketing initiative.

The marketing department have put together some great eye catching adverts for our Sports Centre, Golf Course and Weddings, please look out for us in local media and tell your friends about us if you are happy, please do let us know asap if for any reason you are not.

**Telephone:** 01666 881404 **Email:** [sportscentre@westonbirtleisure.com](mailto:sportscentre@westonbirtleisure.com) **Web:** [westonbirtleisure.com](http://westonbirtleisure.com)

Sept 2015	Swimming Pool	Fitness Suite	Function Zone	Court Sports	Classes
	Where Lanes / Open Swim is specified, 2 Lanes are always available. The other half of the pool is designated an Open Swim.	Members aged at least 16 years and who have completed an induction.	Members aged at least 16 years and who have completed an induction.	Free for members £7.50 per court for non members. Call to book a court.	Available for members aged 16 years + over. £1.00 for members, £5.00 for guests.
Saturdays	8.00am - 9.00am 4 Lanes 1.00pm - 2.30pm Lanes/Open 2.30pm - 3.30pm Family 3.30pm - 4.30pm Open	8.00am - 4.30pm	8.00am - 4.30pm	<u>Badminton</u> 2.30pm to 4.30pm <u>Table Tennis</u> 9.30am - 4.00pm	<b>Golf Course</b>  Just £10.00 for 18 holes of golf. All day, every day!
Sundays	9.00am - 10.00am 4 Lanes 10.00am - 12.00pm Family 1.00pm - 2.30pm Lanes/Open 2.30pm - 3.30pm Family 3.30pm - 4.30pm Open	9.00am - 4.30pm	9.00am - 4.30pm	<u>Badminton</u> 11.00am - 4.30pm <u>Table Tennis</u> 9.30am - 4.00pm	
Monday	7.00am - 9.15am 4 Lanes 11.00am - 12.00pm Open 12.00pm - 1.30pm Lanes 1.30pm - 2.30pm Open 6.15pm - 9.30pm Open	7.00am - 9.30pm	7.00am - 9.30pm	<u>Badminton</u> 12.30pm - 2.30pm <u>Table Tennis</u> 10.00am - 6.15pm	<u>ViPR</u> 6.30pm - 7.15pm
Tuesday	7.00am - 9.00am 4 Lanes 12.20pm - 1.30pm Lanes/Open 6.30pm - 9.30pm Open	7.00am - 9.30pm	7.00am - 9.00am & 10.15am - 9.30pm	<u>Badminton</u> 1.00pm - 2.00pm <u>Table Tennis</u> 10.00am - 9.00pm	<u>Stretch &amp; Tone</u> 9.15am - 10.00am <u>Zumba</u> 6.15pm - 7.15pm <u>Trixter</u> 6.30pm - 7.15pm
Wednesday (* Closed 2nd September)	6.30am - 7.15am 4 Lanes 8.15am - 9.00am Lanes 9.00am - 9.30am Open 1.00pm - 2.00pm Lanes* 2.00pm - 3.00pm Open* 9.00pm - 10.00pm Open	6.30am-10.00pm	6.30am - 10.15am & 11.30am-10.00pm	<u>Badminton</u> 12.30pm - 1.30pm <u>Table Tennis</u> 10.00am - 9.00pm	<u>Sculpt &amp; Tone</u> 10.30am - 11.15am
Thursday	6.30am - 7.15am 4 Lanes 8.00am - 9.00am Lanes 9.00am - 10.00am Open 12.30pm - 1.25pm Lanes/Open 6.00pm - 9.30pm Open	6.30am - 9.30pm	7.00am - 9.30pm	<u>Table Tennis</u> 8.00am - 9.30am	<u>Fit Step</u> 9.00am - 9.45am <u>Circuit Training</u> 6.30pm - 7.15pm
Friday	7.00am - 9.00am 4 Lanes 11.30am - 12.30pm Lanes 12.30pm - 1.15pm Open 4.30pm - 8.30pm Open	7.00am - 9.00pm	7.00am - 9.00pm	<u>Badminton</u> 2.00pm - 3.00pm <u>Table Tennis</u> 10.00am - 9.00pm	<u>Power Hour</u> 9.15am - 10.00am

## Site Access & Speeding Vehicles

At the start of a new School term, with children arriving who are unfamiliar with their surroundings, we request Sports Centre members full support in helping us to uphold a safe School environment by maintaining safe speed limits advised across the site.

Security staff and Police will continue to conduct regular speed checks with offenders contacted directly.

Sports Centre members are to use the East Lodge entrance (not the main gated access) at all times, unless notification is provided in the event of a Special Occasion

Yellow barriers are regularly placed in the locked position to further improve site security. If you enter from North Lodge you are likely to find the barrier locked and you will need to revise your journey.

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