



## WESTONBIRT — LEISURE —

### **August 2014**

We look forward to August every year as we have the greatest opportunity to maximise facility availability for all our members.

With up to 64 hours a week of Swimming Pool availability and over 100 hours of Fitness Suite availability per week in August, we hope that there is plenty of time for you and your family to enjoy the facilities during this holiday season.

With Weekend membership subscriptions now available, you may wish to consider a change to this subscription type if work commitments have increased. Please contact James or Luke via email to request a subscription change.

Although we hope to have identified every opportunity to open the Swimming Pool, if we receive any late cancellations from external hirers we will advertise these on our website.

Please regularly review the website to ensure you are up to date with the very latest information, you may even benefit, as some members have recently, from having the pool all to yourself!

### **Swim Hats**

To assist with the management of pool water quality we are now offering all swim hats at half price.

We have a new and improved range of colours available, priced at just £2.50.

#### **[www.waterbabies.co.uk](http://www.waterbabies.co.uk)**

For swimming lessons for babies, please call 01793 337118.

Water babies hold classes at Westonbirt on Mondays, Tuesdays and Wednesdays.

### **Lane Etiquette**

With the recent addition of a few quicker swimmers, the Fast lane in the pool has become a little faster!

Please take care to choose the lane most suited to your speed and ability.

If you find someone in a lane that you feel may benefit from a slower or faster lane please ask them courteously, swimming within the confines of lanes is not always an easy task.

Your co operation is greatly appreciated.

### **Fitness Suite Air Conditioning**

We are pleased to inform members that two new units will be installed within the Fitness Suite this month. Some equipment may be moved into the Function Zone whilst installation works are completed. Although we do not have an exact date it is hoped to have the installation completed within the first two weeks of August. We apologise in advance for any disruption to your training routine and thank you for your patience whilst waiting for an appropriate long term solution.

### **Holiday Activity Courses - Limited Availability**

We have a few spaces remaining on this summers Holiday Activity Courses. Courses with availability include Bristol City Football Club coaching and the Drama Workshop. Pastries & Puddings and Fizz Pop courses have just a few spaces left and are expected to sell out within the first week of August.

Full details are available via the leaflets at reception and can be downloaded from our website.

If you or any friends require further details or would like a leaflet to be sent in the post, please contact a member of staff at reception or email Kay via [kay@westonbirtevents.com](mailto:kay@westonbirtevents.com)

We are pleased to offer all Sports Centre members a 10% discount off the Activity Courses.

<b>August 2014</b>	<b>Swimming Pool</b>	<b>Fitness Suite</b>	<b>Function Zone</b>	<b>Court Sports</b>	<b>Classes</b>
	Lanes only before 9.00am & 2 lanes during lunchtime sessions. In the evenings there will be lanes available from 8.00pm onwards.	Available for members aged 16 years and over who have completed an induction.	Available for members aged 16 years and over who have completed an induction.	Free to members. £7.50 per court for non members. Equipment available.	Available for members aged 16 years and over. £1.00 for members, £5.00 for guests.
<b>Saturdays</b>	9.00am - 10.00am - 4 Lanes 10.00am - 12.30pm - Family 1.30pm - 2.30pm - 2 Lanes 2.30pm - 4.30pm - Open	9.00am - 4.30pm	9.00am - 4.30pm	<u>Badminton</u> 2.30pm to 4.30pm <u>Table Tennis</u> 9.00am - 4.00pm	<b>Golf Course available</b>  Now just £10.00 all day, every day!
<b>Sunday</b>	9.00am - 10.00am - 4 Lanes 10.00am - 12.30pm - Family 1.30pm - 2.30pm - 2 Lanes 2.30pm - 4.30pm - Open	9.00am - 4.30pm	9.00am - 4.30pm	<u>Badminton</u> 11.00am - 4.30pm <u>Table Tennis</u> 9.30am - 4.00pm	

### 1st - 15th August 2014

<b>Monday</b> 4th & 11th	7.00am - 10.00am & 11.00am - 2.00pm & 4.30pm - 9.30pm	7.00am - 9.30pm	7.00am - 9.30am & 12.30pm - 6.00pm & 7.30pm - 9.30pm	<u>Table Tennis</u> 10.00am - 9.00pm <u>Badminton</u> 1.00pm - 2.00pm	<u>Trixter</u> 6.30pm - 7.15pm
<b>Tuesday</b> 5th & 12th	7.00am - 9.30am & 11.00am - 2.00pm & 4.30pm - 9.30pm	7.00am - 9.30pm	7.00am - 8.45am & 10.00am - 9.30pm	<u>Table Tennis</u> 10.00am - 9.00pm <u>Badminton</u> 1.00pm - 2.00pm	<i>Ruth King on holiday for two weeks.</i>
<b>Wednesday</b> 6th & 13th	7.00am - 10.00am & 11.00am - 2.00pm & 4.30pm - 6.00pm & 9.00pm - 10.00pm	7.00am - 10.00pm	7.00am - 9.00am & 11.30am - 9.30pm	<u>Table Tennis</u> 10.00am - 9.00pm <u>Badminton</u> 1.00pm - 2.00pm	
<b>Thursday</b> 7th & 14th	7.00am - 10.00am & 11.00am - 2.00pm & 4.30pm - 9.30pm	7.00am - 9.30pm	7.00am - 9.00am & 12.30pm - 5.00pm	<u>Badminton</u> 1.00pm - 2.00pm & 8.30pm - 9.30pm	
<b>Friday</b> 1st, 8th & 15th	7.00am - 10.00am & 11.00am - 2.00pm & 4.00pm - 8.00pm	7.00am - 9.30pm	7.00am - 9.30pm	<u>Table Tennis</u> 10.00am - 9.00pm <u>Badminton</u> 1.00pm - 2.00pm	

### 18th - 29th August 2014 (Excluding Bank Holiday)

<b>Monday</b> 18th	7.00am - 10.00am & 11.00am - 2.00pm & 5.00pm - 9.30pm	7.00am - 9.30pm	7.00am - 9.30am & 12.30pm - 6.00pm & 7.30pm - 9.30pm	<u>Table Tennis</u> 10.00am - 9.00pm <u>Badminton</u> 10.00am - 6.00pm	<u>Trixter</u> 6.30pm - 7.15pm
<b>Tuesday</b> 19th & 26th	7.00am - 10.00am & 11.00am - 2.00pm & 5.00pm - 9.30pm	7.00am - 9.30pm	7.00am - 8.45am & 10.00am - 9.30pm	<u>Table Tennis</u> 10.00am - 9.00pm <u>Badminton</u> 10.00am - 6.00pm	<u>Stretch &amp; Tone</u> 9.00am - 9.45am <u>Zumba</u> 6.15pm - 7.15pm
<b>Wednesday</b> 20th & 27th	7.00am - 10.00am & 11.00am - 2.00pm & 5.00pm - 6.00pm & 9.00pm - 10.00pm	7.00am - 10.00pm	7.00am - 9.00am & 11.30am - 9.30pm	<u>Table Tennis</u> 10.00am - 9.00pm <u>Badminton</u> 10.00am - 7.15pm	<u>Sculpt &amp; Tone</u> 10.30am - 11.15am
<b>Thursday</b> 21st & 28th	7.00am - 10.00am & 11.00am - 2.00pm & 5.00pm - 9.30pm	7.00am - 9.30pm	7.00am - 9.00am & 12.30pm - 5.00pm	<u>Table Tennis</u> 10.00am - 9.00pm <u>Badminton</u> 10.00am - 6.00pm	<u>Stretch &amp; Tone</u> 9.15am - 10.00am <u>CircX</u> 6.30pm - 7.15pm
<b>Friday</b> 22nd & 29th	7.00am - 10.00am & 11.00am - 2.00pm & 5.00pm - 9.30pm	7.00am - 9.30pm	7.00am - 9.30pm	<u>Table Tennis</u> 10.00am - 9.00pm <u>Badminton</u> 10.00am - 7.00pm	<u>Power Hour</u> 9.15am - 10.15am
<b>Bank Holiday Monday</b> 25th August	1.00pm - 2.00pm (Lanes) & 2.00pm to 4.30pm (Open)	10.00am - 4.30pm	10.00am - 4.30pm	<u>Table Tennis</u> 1.00pm - 4.00pm <u>Badminton</u> 1.00pm - 4.00pm	